



*Christine  
Cole*

Equine Expansion  
Coach

For over 50 years Christine Cole has lived with horses. As an Equine Expansion Coach she demonstrates through interaction with horses, how to get more out of every moment of life. Understanding non-verbal communication with horses makes us more aware of opportunities in our own lives, and gives us access to true inspiration and *Spacious Intimacy* within our lives.

*Spacious Intimacy* is actually a form of leadership—though very different from what you find in society. Christine has the unique ability to illuminate how harmony with horses can help us access this state of inner quietude which leads to inspired action. Learn how you can confidently make the best choices in life, regardless of the circumstances surrounding you.

*Christine is available for speaking engagements where she inspires clarity in life through interaction with horses.*



## *Full House Farm*

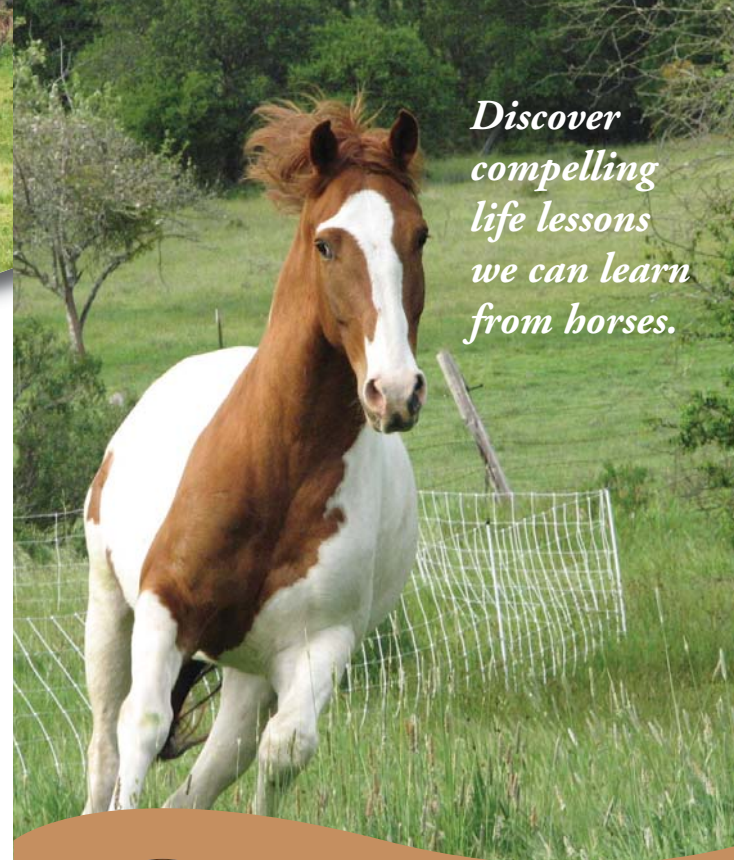
Full House Farm is a 23-acre semi-sustainable farm in Sebastopol, California. For over 30 years, Full House Farm has been open to the public in a variety of ways, allowing visitors to experience this way of living.

There are on-premise vacation rentals, organic gardens, a network of private trails, Farm Life Tours and extensive Harmony with Horses programs, providing a unique link to nature. A stay at Full House Farm demonstrates ways to weave inspired living into your own life. No matter where you live, discovering ways to adopt this peaceful lifestyle is a gift you will enjoy for life.

For more information visit  
[www.fullhousefarm.com](http://www.fullhousefarm.com)



Full House Farm  
1000 Sexton Road, Sebastopol, CA 95472  
707-829-1561



*Discover  
compelling  
life lessons  
we can learn  
from horses.*



# *Harmony with Horses*



# Reveal your potential in life through focused interaction with horses.

*Harmony with Horses is a unique experience that touches every aspect of life by recognizing the language of the soul.*



**Find your Place in the World of Business, Family and Intimate Relationships**  
Naturally inclusive, horses accept us as members of the herd, offering the opportunity for us to shift from the perception that we are separate, to knowing that we are a valuable part of any community.



your ability to access this “state of play” — the center of creative power.

## **Experience the Expansive Fluidity of Relationship**

Horses naturally seek to form partnerships that enhance their well being. They will connect with us as easily as they would another horse, including us in their herd. Experiencing the motion of a herd invites us to realize the fluidity of relationship in every moment.

## **Discover the Creative Power of Play**

Horses, like children, know how to immerse themselves in play. Spending time with horses can develop



# Programs

**Harmony with Horses Workshop**  
Individuals or groups. Duration: 3 hours

**Inspiring Clarity Retreat**  
Groups of four to eight participants.  
Duration: 1-5 days

**Private and Shared Harmony Sessions**  
Individual or intimate groups work at FHF or at your place with your own horse(s).  
Duration: By arrangement

**A Fresh Perspective — Introduction to Business at Liberty**  
Business owners and their teams.  
Duration: 4 hours\*

**T’women Productions**  
Join Christine in crafting an event based on combining your talents and imagination with hers. Duration: By arrangement

**Apprenticeship**  
Immerse yourself in the practice of the Harmony with Horses philosophies.  
Duration: 1 week to 3 months\*

**Phone Consultations**  
Duration: 1 hour by appointment

Complete program descriptions can be found on our website. Visit [www.fullhousefarm.com](http://www.fullhousefarm.com).

\*Customized programs available upon request

